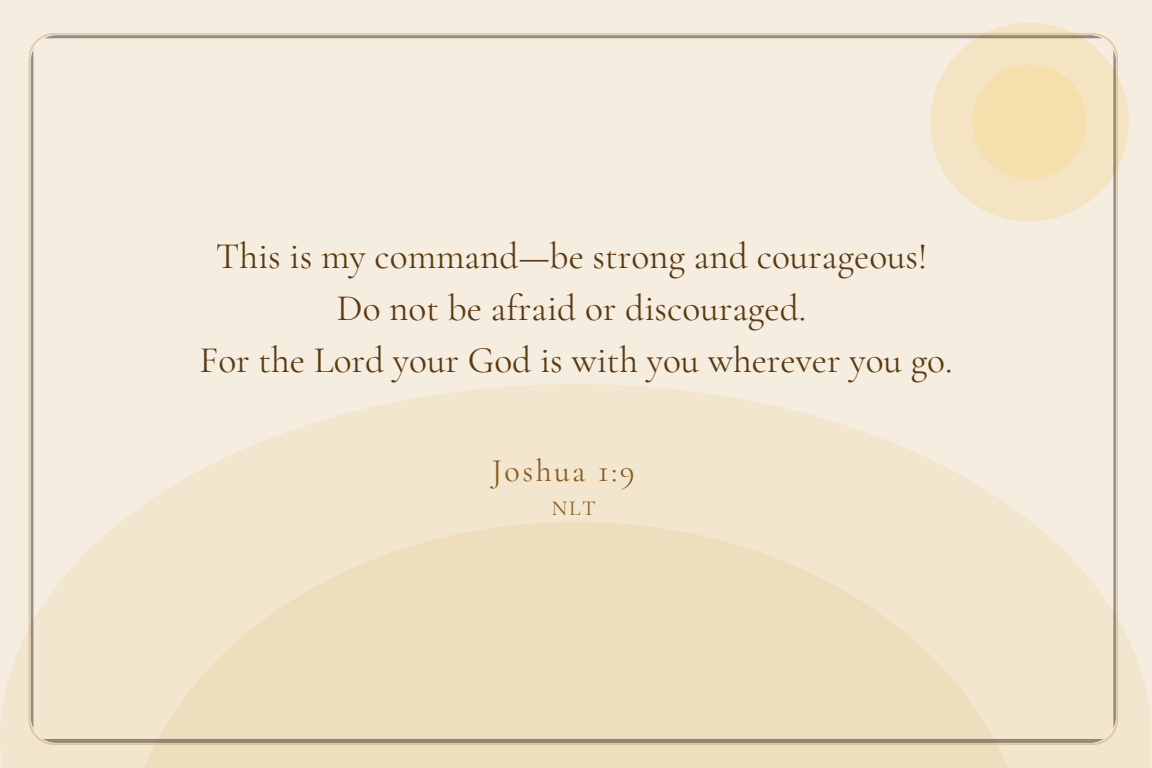




10 Verses for Sleepless Nights

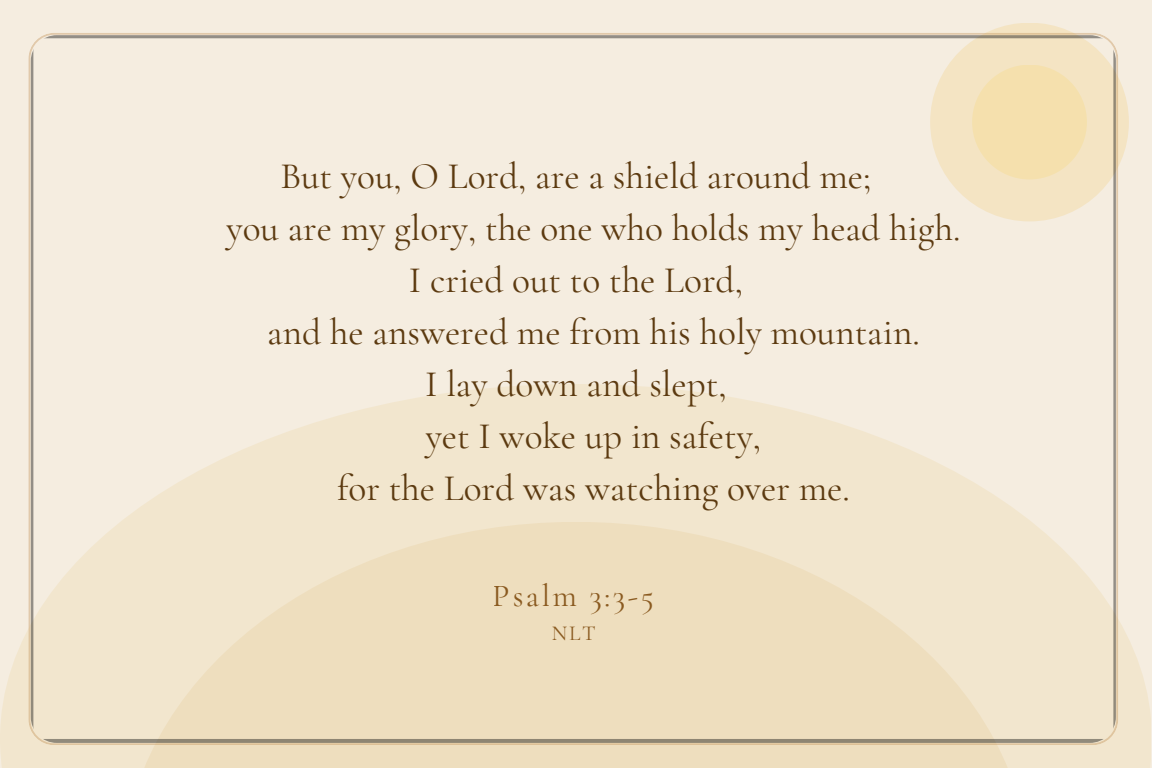
When anxiety is stealing your sleep,
let the Word of God comfort you.

Print. Share. Enjoy.



This is my command—be strong and courageous!
Do not be afraid or discouraged.
For the Lord your God is with you wherever you go.

Joshua 1:9
NLT

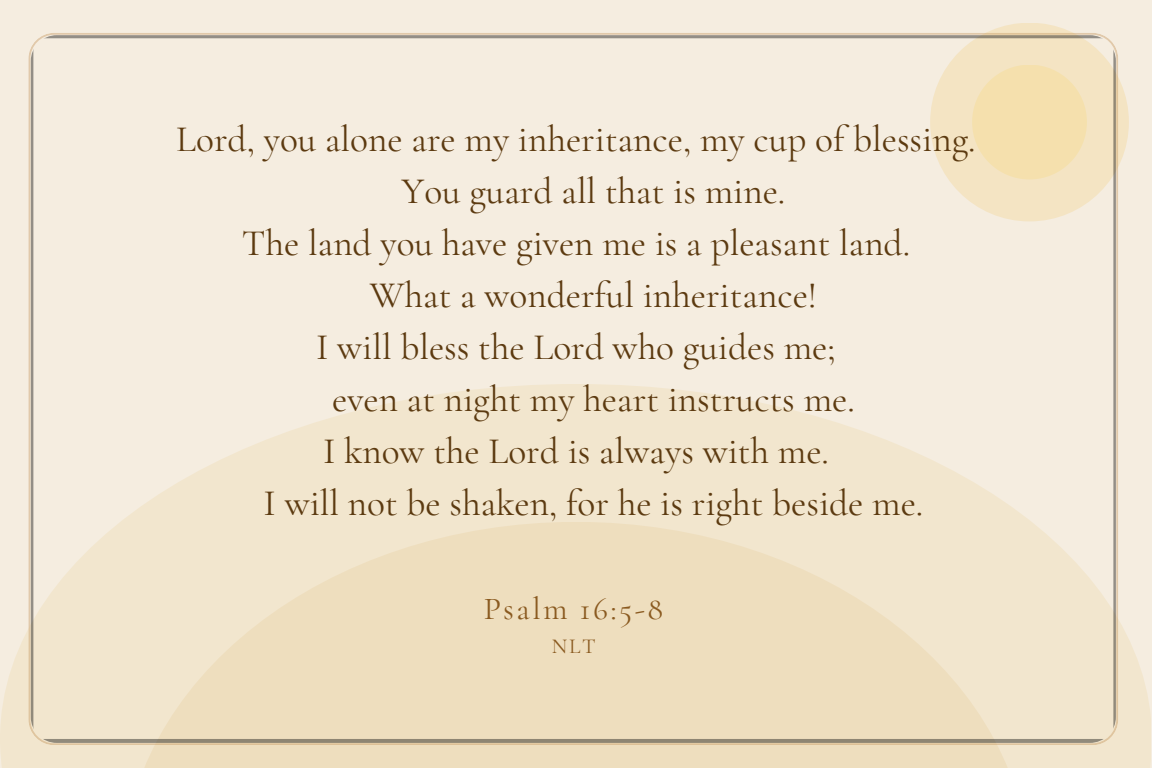


But you, O Lord, are a shield around me;
you are my glory, the one who holds my head high.

I cried out to the Lord,
and he answered me from his holy mountain.

I lay down and slept,
yet I woke up in safety,
for the Lord was watching over me.

Psalm 3:3-5
NLT



Lord, you alone are my inheritance, my cup of blessing.

You guard all that is mine.

The land you have given me is a pleasant land.

What a wonderful inheritance!

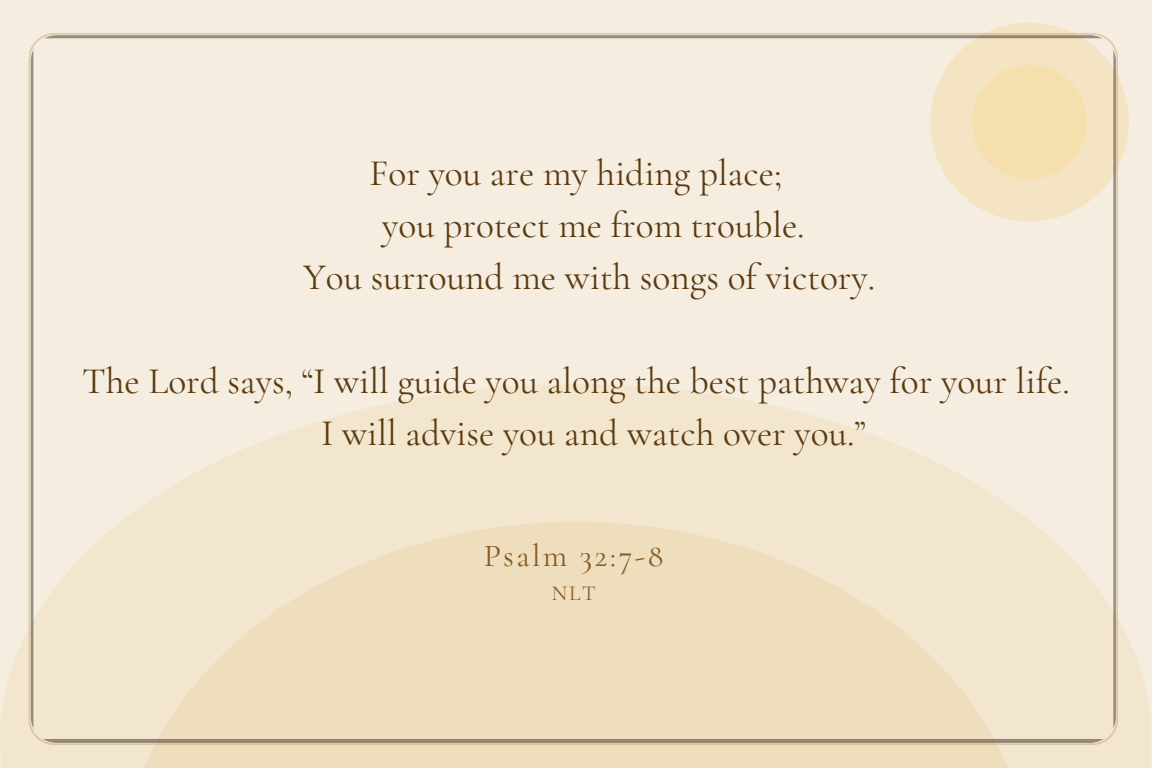
I will bless the Lord who guides me;
even at night my heart instructs me.

I know the Lord is always with me.

I will not be shaken, for he is right beside me.

Psalm 16:5-8

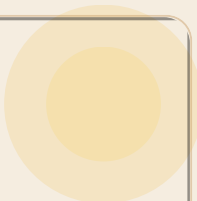
NLT



For you are my hiding place;
you protect me from trouble.
You surround me with songs of victory.

The Lord says, “I will guide you along the best pathway for your life.
I will advise you and watch over you.”

Psalm 32:7-8
NLT



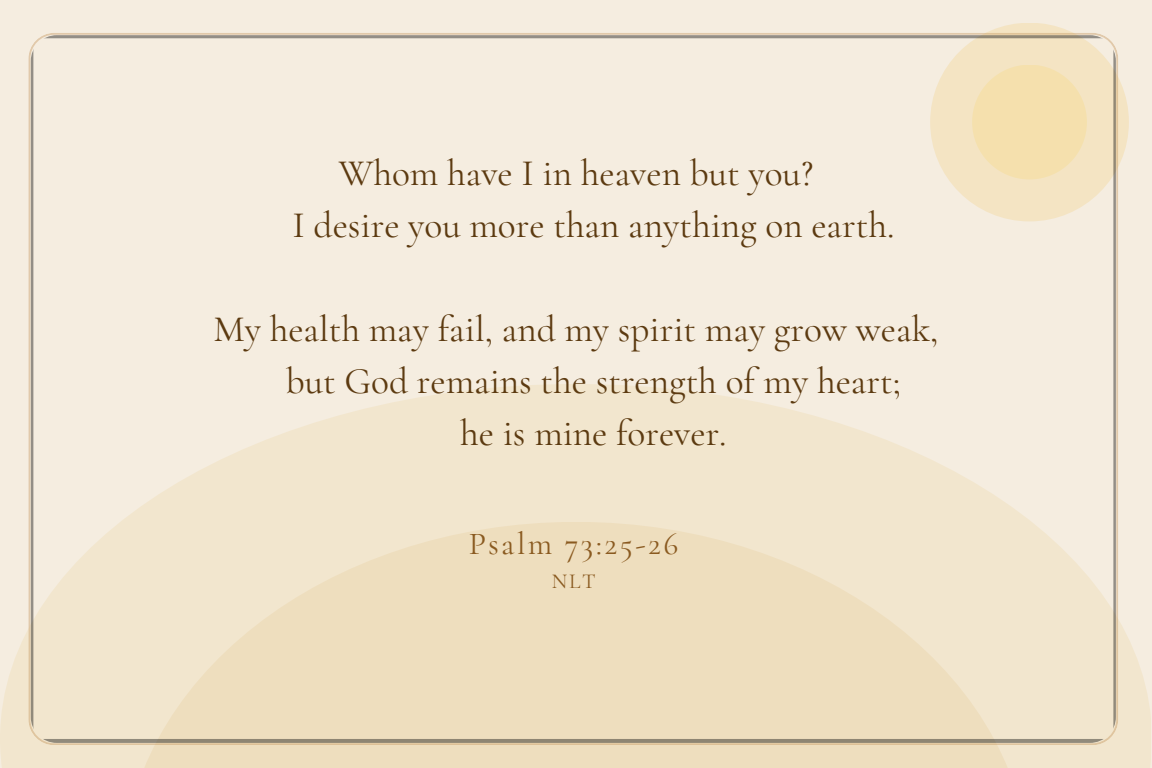
The Lord directs the steps of the godly.
He delights in every detail of their lives.

Though they stumble, they will never fall,
for the Lord holds them by the hand.

Psalm 37:23-24

NLT

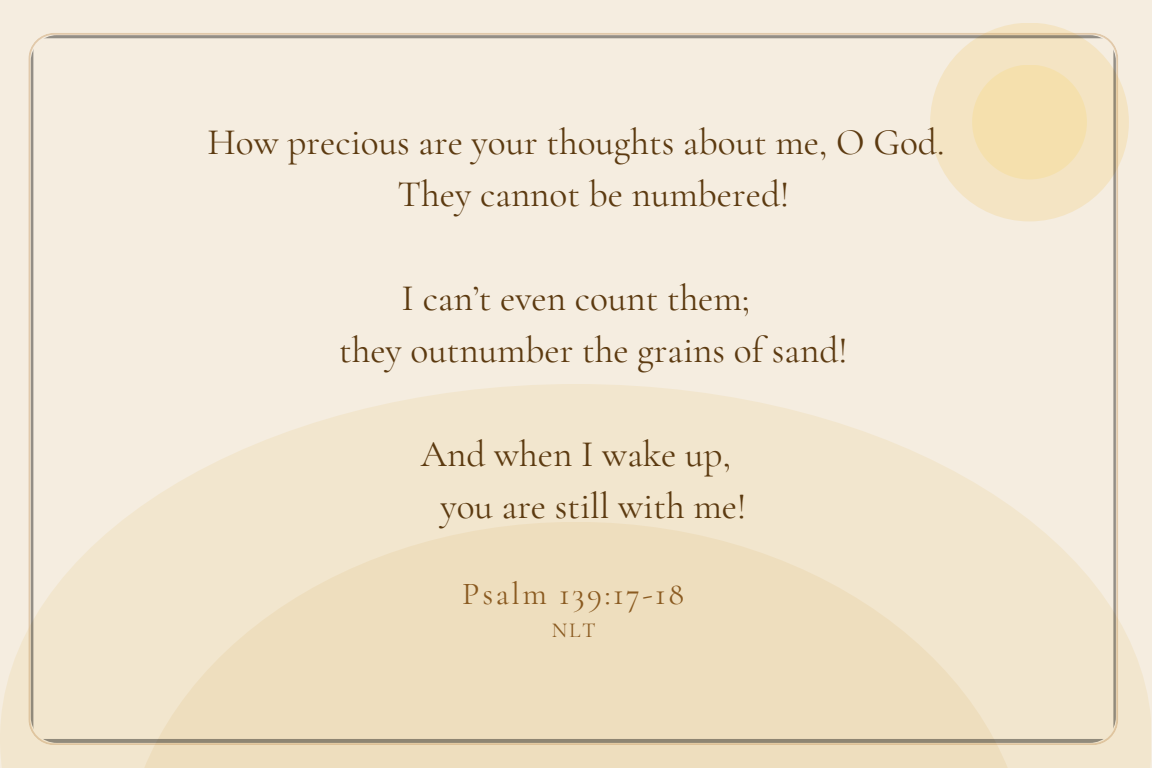




Whom have I in heaven but you?
I desire you more than anything on earth.

My health may fail, and my spirit may grow weak,
but God remains the strength of my heart;
he is mine forever.

Psalm 73:25-26
NLT

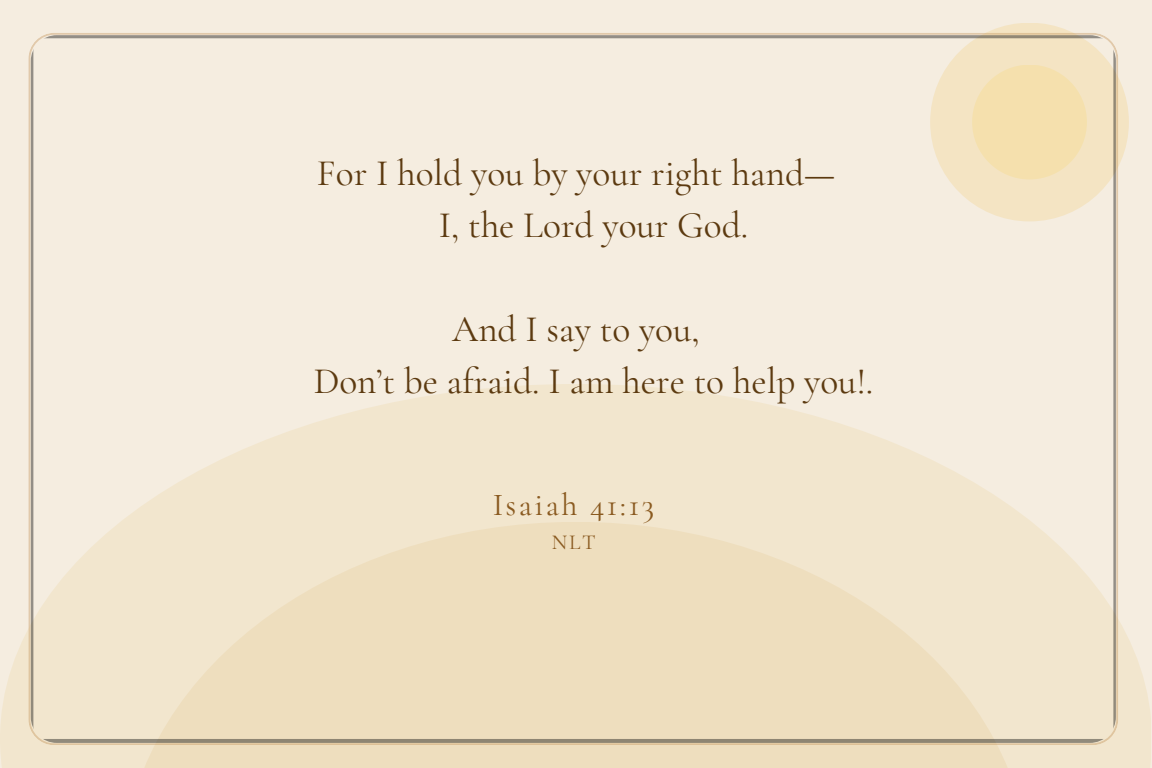


How precious are your thoughts about me, O God.
They cannot be numbered!

I can't even count them;
they outnumber the grains of sand!

And when I wake up,
you are still with me!

Psalm 139:17-18
NLT

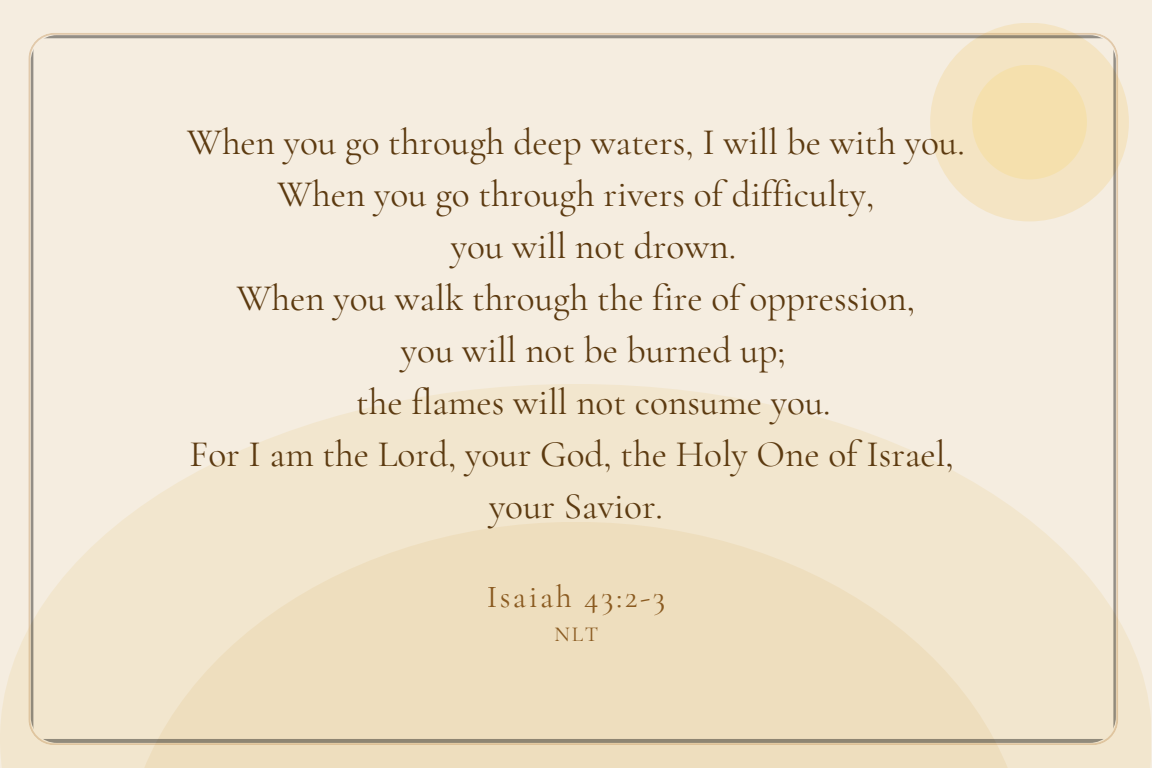


For I hold you by your right hand—
I, the Lord your God.

And I say to you,
Don't be afraid. I am here to help you!

Isaiah 41:13

NLT



When you go through deep waters, I will be with you.

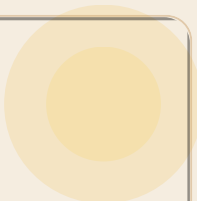
When you go through rivers of difficulty,
you will not drown.

When you walk through the fire of oppression,
you will not be burned up;
the flames will not consume you.

For I am the Lord, your God, the Holy One of Israel,
your Savior.

Isaiah 43:2-3

NLT



Yet I still dare to hope
when I remember this:
The faithful love of the Lord never ends!
His mercies never cease.

Great is his faithfulness;
his mercies begin afresh each morning.
I say to myself, “The Lord is my inheritance;
therefore, I will hope in him!”

Lamentations 3:21-24

NLT